



Dear Friends,

This year, our programs and partnerships have continued to flourish, with amazing results.

Just one example is the mobile health, or mHealth, smart phone application that we developed to enable midwives to detect problems during pregnancy and connect mothers with medical care when they need it. In the three years since we piloted this app, we have seen deaths from childbirth in our service area drop from 8 to 4 to 0! We intend to expand this work, and impact, to other regions.

We also continued to grow and develop our nutrition program. We laid the groundwork for a garden research project to help families grow and eat a greater variety of foods. We delivered trainings in collaboration with groups around the country. And we partnered with FUNDEGUA, The Academy of Nutrition and Dietetics, and Duke University, to develop Conéctate Guate, a national mapping project of all of the initiatives and programs addressing chronic malnutrition in this field.

In addition, Al Jazeera featured Maya Health's multi-pronged, individualized approach to combatting malnutrition in a video report, and we were invited to contribute a chapter to an important global resource, the Handbook of Famine, Starvation and Nutrient Deprivation.

We marked 10 years with our diabetes program. Through this program, we've transformed the lives of hundreds of patients who otherwise would not have access to care and helped to tackle Guatemala's exploding diabetes epidemic. We plan to continue to expand the program, particularly among poor and rural people, enabling them to better control their disease and live longer and more active lives.

Your support has propelled all of these remarkable achievements and more. I am filled with enormous appreciation and excitement about what we can do together in 2019!

With immense gratitude,

Anne Kraemer Diaz Executive Director We work in Guatemala's most impoverished communities, solving their pressing health care needs. We overcome barriers to health—uniting medicine, culture, and language.

We believe everyone—no matter where they were born or what language they speak—should have the highest quality health care.



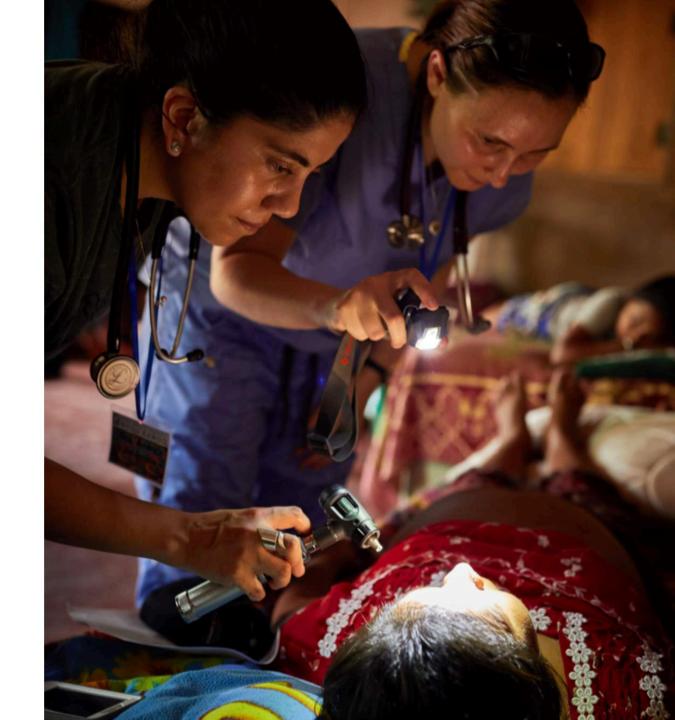
Annual Impact

20,000 patients served

15,000+ home visits

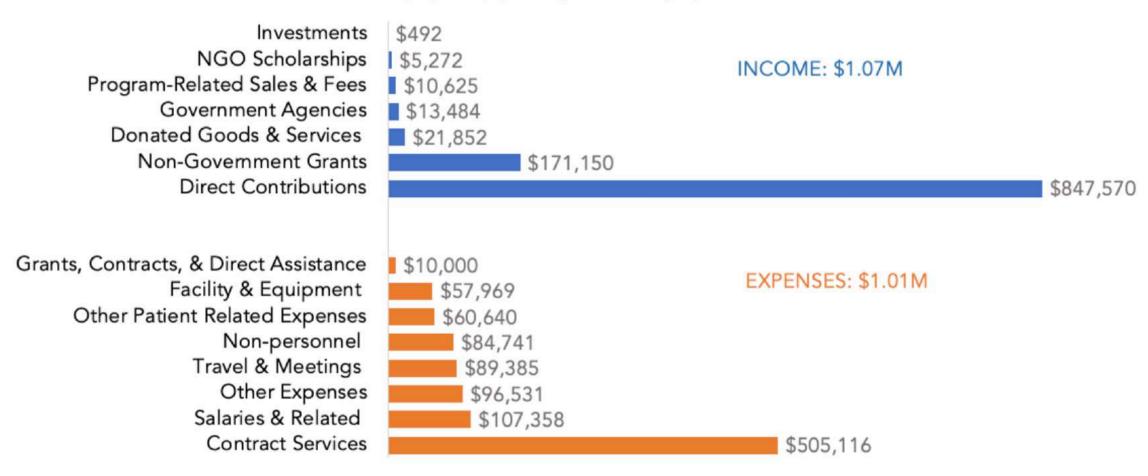
3,500 women provided access to reproductive health care

1,500 children treated for malnutrition



Financials







Leadership WALESKA LÓPEZ CANÚ, Medical Director, ANNE KRAEMER DIAZ, Executive Director



Board

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2018 Publications

Martinez B, Cardona S, Rodas P, et al. Developmental outcomes of an individualised complementary feeding intervention for stunted children: a substudy from a larger randomised controlled trial in Guatemala. BMJ Paediatr Open 2018;2(1):e000314.

Colom M, Austad K, Sacuj N, et al. Expanding access to primary healthcare for women through a microfinance institution: A case study from rural Guatemala. Healthc (Amst) 2018;6(4):223-30.

Flood D. Poverty, Genocide, and Superbugs: A Carbapenem-Resistant Wound Infection in Rural Guatemala. Am J Trop Med Hyg 2018;99(3):561-62.

Colom M, Rohloff P. Cultural considerations for informed consent in paediatric research in low/middle-income countries: a scoping review. BMJ Paediatr Open 2018;2(1):e000298.

Austad K, Shah P, Rohloff P. Correlates of long-acting reversible contraception uptake among rural women in Guatemala. PLOS One 2018; doi.org/10.1371/journal.pone.0199536

Martinez B, Ixen EC, Hall-Clifford R, Juarez M, Miller AC, Francis A, Valderrama CE, Stroux L, Clifford GD, Rohloff P. mHealth intervention to improve the continuum of maternal and perinatal care in rural Guatemala: a pragmatic, randomized controlled feasibility trial. Reproductive Health 2018;15:120.

Austad K, Chary A, Xocop SM, Messmer S, King N, Carlson L. Rohloff P. Barriers to Cervical Cancer Screening and the Cervical Cancer Care Continuum in Rural Guatemala: A Mixed-Method Analysis. J Glob Oncol 2018 July:(4)1-10. doi: 10.1200/JGO.17.00228.

Martinez B, Webb MF, Gonzalez A, Douglas K, Grazioso MdP, Rohloff P. Complementary feeding intervention on stunted Guatemalan children: a randomised controlled trial. BMJ Paediatrics Open 2018;2.

Flood D, Chary A, Austad K, Coj M, Lopez W, Rohloff P. Patient Navigation and Access to Cancer Care in Guatemala. J Glob Oncol 2018:1-3.

Flood D, Chary A, Colom A, Rohloff P. Adolescent rights and the "first 1,000 days" global nutrition movement: A view from Guatemala. Health and Human Rights Journal 2018 Jun;20(1):295-301.

Webb MF. Transnational Migration's Psychosocial Impacts for Kaqchikel Maya Migrants' Wives. Human Organization 2018;77:32-41.

Moore J, Garcia P, Rohloff P, Flood D. Treatment of end-stage renal disease with continuous ambulatory peritoneal dialysis in rural Guatemala. BMJ Case Reports 2018: online first.

Flood D, Rohloff P. Indigenous language and global health. Lancet Glob Health 2018 Feb;6(2):e134-135.

Flood D, Garcia P, Douglas K, Hawkins J, Rohloff P. Screening for chronic kidney disease in a community-based diabetes cohort in rural Guatemala: a cross-sectional study. BMJ Open 2018 Jan 21:8(1):e019778.

Colom M, Austad K, Sacuj N, Larson K, Rohloff P. Expanding access to primary healthcare for women through a microfinance institution: A case study from rural Guatemala. Healthc (Amst). 2018 Feb 7.

